

NDIA-managed Information Sheet

Parent Reflection Group

Provider Details

Spectrum Centre WA Pty Ltd trading as Spectrum Centre

ABN: 32 650 874 632

NDIS Provider Number: 4050115256

Email: admin@spectrumcentre.com.au

Phone: 0499 930 811

Service Description

This is a live psychology group session facilitated by a neurodivergent-affirming Clinical Psychologist. The session is delivered as an interactive reflective discussion, supporting parents to develop understanding and strategies to support their autistic child's regulation, communication, autonomy and participation. This is a direct therapeutic support delivered in real time, with additional individualised indirect clinician time.

NDIS Support Category

Capacity Building: Improved Daily Living

Service type: Psychology

Relevant line item (depending on participant age):

- 15_001_0118_1_3 Early Childhood Intervention Professional - Psychologist
- 15_054_0128_1_3 Assessment Recommendation Therapy or Training - Psychologist

Session and Billing Details

Session format	Small group (maximum 6 parents)
Session duration	90 minutes (live group)
Billing breakdown per participant	<p>Direct (face-to-face or telehealth group session) 90 minutes at 1:6 ratio = 0.25 hour per participant = \$58.25</p> <p>Indirect clinician time (individualised) Review of parent reflections and note-taking 15 minutes per participant = \$56.75</p>
Total cost per participant	\$115 per session

Claiming Information

This support may be claimed under the participant's **Improved Daily Living funding** where it relates to the child's NDIS goals and available funding.

Examples of Related NDIS Goals

This support may relate to goals such as:

- developing emotional regulation skills
- supporting social communication and relationships
- increasing independence in routines and daily life
- supporting participation in family and community settings
- supporting parents to understand and respond to their child's needs.

Provider Endorsement Requirement (PACE Plans)

To confirm your place in the group, **Spectrum Centre must be endorsed as a provider in the NDIS portal prior to the session.**

How to record Spectrum Centre as a provider:

Provide NDIS with the following information by telephone or during your planning meeting or during a NDIS check in:

Provider name: Spectrum Centre WA trading as Spectrum Centre

NDIS Provider number: 4050115256

Spectrum Centre's ABN: 32 650 874 632

Service start date: This date needs to be prior to the group date to confirm your place. Additional information about your NDIS plan, accessing supports, and easy read information can be found on the NDIS website.

We also need to know if your child's NDIS plan is funded under Early Childhood Intervention or Assessment Recommendation Therapy or Training.

Important

Attendance at the group indicates parent confirmation that:

- the support aligns with the participant's goals
- funding is available within the plan

Group Viability

Groups require a minimum number of participants to proceed.

If minimum numbers are not met, the session may be rescheduled or cancelled. In this case, participants will be notified in advance and any payments made will be fully refunded.

Services are provided in accordance with Spectrum Centre's Service Agreement, which will be provided prior to confirmation of your place.